San Luis Retreat Hotel & Lodges

Relax and spa treats at Avelengo/Merano 2000, take the time to refresh your body and mind. We suggest to fix treatments together with the room booking.

Massages	Massages		name	day	timetable	
Parcial massage	à 25 Min	€ 44			□morning	□afternoor
Relaxing head and neck massage	à 25 Min	€ 44			_ □morning	□afternoor
Full body massage	à 55 Min	€ 79			_ □morning	□afternoor
Head and back mass. with heat pack	à 55 Min	€ 79			 □morning	□afternoor
Foot reflexology massage	à 55 Min	€ 79			_ □morning	□afternoor
Lymphodrainage treatment	à 55 Min	€ 79			_ □morning	□afternoor
Back and leg massage	à 55 Min	€ 79			_ □morning	□afternoor
Warm, relaxing aroma massage	à 55 Min	€ 96			morning	□afternoor
Full body oil massage	à 55 Min	€ 96			 □morning	□afternoor
Herbal stamp massage	à 55 Min	€ 96			_ □morning	□afternoor
Herbal stamp massage	à 85 Min	€ 144			_ □morning	□afternoor
Energizing massage treatment	à 50 Min	€ 96			_ □morning	□afternoor
Energizing massage treatment	à 80 Min	€ 144			 □morning	□afternoor
Revitalize your back	à 25 Min	€ 44			 □morning	□afternoor
Revitalize your back	à 50 Min	€ 96			_ □morning	□afternoor
Special massage physiomed	à 50 Min	€ 96			 ☐morning	□afternoor
Spa treatments			name	day	timetable	
Pack and body peeling	à 55 Min	€ 86			morning	□afternoon
Body pack treatment- detox	à 25 Min	€ 44			morning	□afternoon
Body pack treatment - cream	à 25 Min	€ 44			morning	□afternoon
Detox body treatment - invigorating	à 85 Min	€ 144			□morning -	□afternoon
Cosmetics			name	day	timetable	
Short refreshing – facial treatment	à 55 Min	€ 79			morning	□afternoon
Short facial treatment for men	à 55 Min	€ 79			morning	□afternoon
Face and décolléte treatment	à 85 Min	€ 144			morning	□afternoon
Luxury facial treatment	à 85 Min	€ 174			morning	□afternoon
Anti aging treatment	à 55 Min	€ 144			morning	□afternoon
Anti aging treatment	à 85 Min	€ 174			morning	□afternoon
Collagene, intensive treatment	à 55 Min	€144			 □morning	□afternoon
Collagene, intensive treatment	à 85 Min	€ 174			morning	□afternoon
Facial massage	à 25 Min	€ 44			□morning	□afternoon
Foot treatment - pedicure	à 55 Min	€ 72			morning	□afternoon
Hand treatment - manicure	à 55 Min	€ 72			morning	□afternoon
Leg treatment – cooling	à 55 Min	€ 86			_ □morning	□afternoon
Beautiful décolléte	à 55 Min	€ 96			morning	□afternoon
Personal make up	à 25 Min	€ 44			morning	□afternoon
Depilation – half leg or chest	à 25 Min	€ 38			morning	□afternoon
Depilation – whole leg	à 55 Min	€ 68			morning	□afternoon
Muscle relaxation - gym		name	ame day timetable		table	
Progressive muscle relaxation Jacobsen	à 50 Min	€ 110			□morning	□afternoon
Back gymnastics	à 55 Min	€ 79			_ ☐morning	□afternoon
name			phone nr.			
stay arrival departure		_ Email				

☐ I want to be contact, please call me back.